

**WELCOME TO YOUR MASSAGE EXPERTS EXPERIENCE!**

Please fill out this form with all requested information before your treatment begins.

\*\*\* Please turn off your *mobile devices* while enjoying our surroundings \*\*\*



FULL NAME \_\_\_\_\_

BIRTHDATE MONTH / DAY / YEAR GENDER \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY / PROV / PC CITY PROV. POSTAL CODE

HOME / WORK / CELL PH# HOME WORK CELL

YOUR OCCUPATION \_\_\_\_\_ # HRS PER WEEK \_\_\_\_\_

EMERG CONTACT NAME \_\_\_\_\_ EMERG PHONE # \_\_\_\_\_

**EMAIL COMMUNICATION:**

Please send me appointment confirmations, reminders, and receipt emails  Y  N

Please add me to your marketing and offers database (approx. 1-2/month)  Y  N

\*\*\* Your email is solely used by Massage Experts and will never be given to a third party. \*\*\* You can unsubscribe to emails at any time.

Approximate date of last therapeutic massage: \_\_\_\_\_

Have you taken an anti-inflammatory or painkiller today? (Tylenol, Aleve, Aspirin, Advil, etc)  Y  N

**What prompted your visit today? (check all that apply)**

- Personal Health
- Injury/Pain
- Stress
- Other: \_\_\_\_\_

**Are you affected by any of the following conditions? (check all that apply)**

- |                                                                  |                                                                               |                                                            |
|------------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------|
| <input type="checkbox"/> Allergies or Hypersensitivity Reactions | <input type="checkbox"/> Flu / Cold Virus                                     | <input type="checkbox"/> Numbness / Tingling               |
| <input type="checkbox"/> Arthritis / Bursitis                    | <input type="checkbox"/> Gastro-Intestinal / Digestive Ailments               | <input type="checkbox"/> Osteoporosis                      |
| <input type="checkbox"/> Asthma / Emphysema / Chronic Cough      | <input type="checkbox"/> Headaches / Migraines                                | <input type="checkbox"/> Pacemaker or Similar Device       |
| <input type="checkbox"/> Athlete's Foot                          | <input type="checkbox"/> Hearing or Vision Loss                               | <input type="checkbox"/> Poor Circulation                  |
| <input type="checkbox"/> Cancer <u>Where</u> _____               | <input type="checkbox"/> Heart Attack / Disease / Failure                     | <input type="checkbox"/> Pregnancy <u>Due Date</u> _____   |
| <input type="checkbox"/> Carpal Tunnel Syndrome                  | <input type="checkbox"/> Hepatitis A, B, or C or Herpes                       | <input type="checkbox"/> Pregnancy Complications ***       |
| <input type="checkbox"/> Crohn's / Colitis                       | <input type="checkbox"/> High Cholesterol                                     | <input type="checkbox"/> Recent Surgery                    |
| <input type="checkbox"/> Depression and/or other Mental Illness  | <input type="checkbox"/> High / <input type="checkbox"/> Low - Blood Pressure | <input type="checkbox"/> Shingles                          |
| <input type="checkbox"/> Diabetes                                | <input type="checkbox"/> HIV / Aids                                           | <input type="checkbox"/> Skin Irritations / Rashes / Warts |
| <input type="checkbox"/> Edema                                   | <input type="checkbox"/> Infection(s) <u>Where</u> _____                      | <input type="checkbox"/> Smoker                            |
| <input type="checkbox"/> Epilepsy                                | <input type="checkbox"/> Infectious Disease                                   | <input type="checkbox"/> Sports Injury                     |
| <input type="checkbox"/> Fever                                   | <input type="checkbox"/> Metal Plates / Screws / Implants                     | <input type="checkbox"/> Stroke / Aneurysm                 |
| <input type="checkbox"/> Fibromyalgia                            | <input type="checkbox"/> Neck / Spine Injury                                  | <input type="checkbox"/> Varicose Veins / Phlebitis        |
- Family History of: \_\_\_\_\_ Other: \_\_\_\_\_

**Are you receiving any ongoing medical care for any conditions not listed above?**  Y  N

Explain: \_\_\_\_\_

**Have you been in an automobile accident or have an injury we should know about?**  Y  N

Explanation and date(s): \_\_\_\_\_

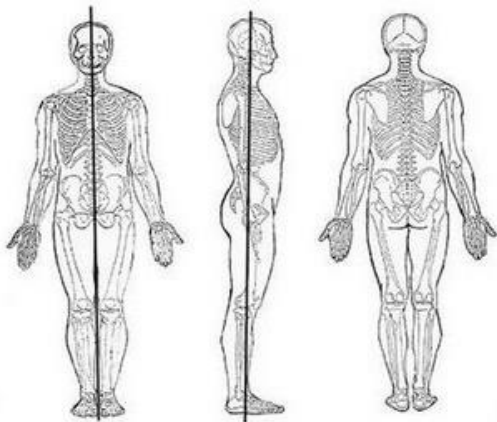
**List of major surgeries and the date(s):** \_\_\_\_\_

**List of any current medication(s):** \_\_\_\_\_

What is the primary concern or physical complaint which has brought you in today? \_\_\_\_\_

**In what area(s) are you currently experiencing tissue, joint, or muscle discomfort?**

(circle on below picture, or check all that apply)



- |                                      |                                     |                                    |                                     |
|--------------------------------------|-------------------------------------|------------------------------------|-------------------------------------|
| <input type="checkbox"/> Jaw         | <input type="checkbox"/> Neck       | <input type="checkbox"/> Shoulders | <input type="checkbox"/> S/Blades   |
| <input type="checkbox"/> Arms        | <input type="checkbox"/> Hands      | <input type="checkbox"/> Back      | <input type="checkbox"/> Upper Back |
| <input type="checkbox"/> Middle Back | <input type="checkbox"/> Lower Back | <input type="checkbox"/> Hips      | <input type="checkbox"/> Glutes     |
| <input type="checkbox"/> Legs        | <input type="checkbox"/> Knees      | <input type="checkbox"/> Calves    | <input type="checkbox"/> Feet       |

Explain: \_\_\_\_\_

**Are you currently seeing any other healthcare practitioners?**

- |                                      |                                        |                                     |
|--------------------------------------|----------------------------------------|-------------------------------------|
| <input type="checkbox"/> Acupuncture | <input type="checkbox"/> Chiropractor  | <input type="checkbox"/> Naturopath |
| <input type="checkbox"/> Osteopath   | <input type="checkbox"/> Physiotherapy | <input type="checkbox"/> Other      |

Explain: \_\_\_\_\_

**Please rate your current sense of overall health and wellbeing:**

- |                                        |                               |                                  |
|----------------------------------------|-------------------------------|----------------------------------|
| <input type="checkbox"/> Great         | <input type="checkbox"/> Fair | <input type="checkbox"/> Average |
| <input type="checkbox"/> Below Average | <input type="checkbox"/> Poor | <input type="checkbox"/> Other   |

Explain: \_\_\_\_\_

**How did you hear about Massage Experts: (Circle All That Apply)**

- |                                                  |                                                       |                                       |                                                |                                     |
|--------------------------------------------------|-------------------------------------------------------|---------------------------------------|------------------------------------------------|-------------------------------------|
| <input type="checkbox"/> Facebook                | <input type="checkbox"/> Google Search                | <input type="checkbox"/> Yellow Pages | <input type="checkbox"/> Walk-By / drove-by    | <input type="checkbox"/> Newspaper  |
| <input type="checkbox"/> Twitter                 | <input type="checkbox"/> Yahoo Search                 | <input type="checkbox"/> Yelp         | <input type="checkbox"/> Mail Flyer / Postcard | <input type="checkbox"/> Radio      |
| <input type="checkbox"/> Instagram               | <input type="checkbox"/> Bing Search                  | <input type="checkbox"/> Kijiji       | <input type="checkbox"/> Sponsored Event       | <input type="checkbox"/> Television |
| <input type="checkbox"/> Local Gym: (Name) _____ | <input type="checkbox"/> Local Business: (Name) _____ |                                       |                                                |                                     |
| <input type="checkbox"/> Physician: (Name) _____ | <input type="checkbox"/> Friend: (Name) _____         |                                       |                                                |                                     |

**Please read and acknowledge by signing the below:**

- ✓ You are expected to be punctual as your treatment time(s) have been specifically reserved for you and will not be extended.
- ✓ You understand that all appointment times include a pre-health assessment or health consultation, as well as appropriate change time.
- ✓ Please advise your Massage Therapist on whether the pressure is sufficient or too strong. A massage is always customized to you.
- ✓ To the best of your knowledge the above information is true and is the most up-to-date information you can give the attending massage therapist.
- ✓ As your health status changes, you will advise us, so that we may update your file. Failure on your part to disclose any health information could possibly result in an injury and/or illness, and you hereby release Massage Experts from any claims resulting as such.
- ✓ You authorize Massage Experts to contact the above doctor or health-related specialist if required for treatment purposes.
- ✓ You understand that this information given is confidential, unless required by law, and will only be released with your written consent.
- ✓ Your information will not be used for any other purpose than to assist your massage therapist in providing you with a personalized and safe massage which will take into consideration your individual health requirements.
- ✓ The information provided to you by your massage therapist is for general purpose only and is not intended for any medical diagnosis.
- ✓ It is by your free-will that you are receiving this massage therapy today and in future visits.
- ✓ **You understand that your therapist can terminate treatment at any point due to inappropriate or suggestive behaviour.**
- ✓ **You understand that 24-hours' notice is required to cancel or reschedule all appointments, or full charges will apply.**

**SIGNATURE:** \_\_\_\_\_

**DATE:** MO/DA/YEAR

**Dated:**

**OFFICE USE ONLY: Description of Health Changes, if Any:**

**Client Initials:**

MO/DA/YEAR

MO/DA/YEAR

MO/DA/YEAR

MO/DA/YEAR

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