

**WELCOME TO YOUR MASSAGE EXPERTS EXPERIENCE!**

Please fill out this form with all requested information before your treatment begins.

\*\*\*\*\* Please turn off your mobile devices while enjoying our surroundings \*\*\*\*\*



FULL NAME \_\_\_\_\_  
BIRTHDATE MONTH / DAY / YEAR GENDER \_\_\_\_\_  
EMAIL ADDRESS \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY/PROV/PC CITY PROV. POSTAL CODE \_\_\_\_\_  
HOME/WORK/CELL PH# HOME WORK CELL \_\_\_\_\_  
YOUR OCCUPATION \_\_\_\_\_ YOUR #HRS PER WEEK \_\_\_\_\_  
EMERG CONTACT NAME \_\_\_\_\_ EMERG PHONE NUMBER \_\_\_\_\_  
PRIMARY CARE PHYSICIAN \_\_\_\_\_  
ADDRESS / PHONE # \_\_\_\_\_

**EMAIL COMMUNICATION:**

Can Massage Experts send you appointment confirmations, reminders, & receipt emails?  Y  N  
Can Massage Experts add your email to our marketing database (approx. 1-2/month)?  Y  N

\*\*\* Your email is used by Massage Experts only, and will never be given to a third party. You can unsubscribe to emails at any time.

**INSURANCE BILLING:**

Where eligible, can Massage Experts submit direct billing, electronic claims, on your behalf, and receive direct payment in return for our services?  Y  N

INSURANCE COMPANY \_\_\_\_\_ EMPLOYER \_\_\_\_\_  
POLICY / GROUP# \_\_\_\_\_ ID# \_\_\_\_\_

\*\*\* Please give insurance card to Front Desk, prior to entering treatment. Should you have a doctor's note, please provide this as well.  
\*\*\* Should your coverage change, please advise Front Desk.

AIR MILES® NUMBER \_\_\_\_\_ NAME ON CARD \_\_\_\_\_  
(if applicable) \*\*\* Get 1 AIR MILES® Reward Mile for every \$20 you spend.

**What prompted your Massage Experts visit today? (check all that apply)**

Relaxation  Personal Health  Injury/Pain  Stress  
Other: \_\_\_\_\_

**Are you affected by any of the following conditions? (check all that apply)**

Allergies or Hypersensitivity Reactions  Flu / Cold Virus  Neck/ Spine Injury  
 Arthritis / Bursitis  Gastro-Intestinal / Digestive Ailments  Numbness / Tingling  
 Asthma / Emphysema / Chronic Cough  Headaches / Migraines  Osteoporosis  
 Athlete's Foot  Hearing or Vision Loss  Pacemaker or Similar Device  
 Cancer \_\_\_\_\_ Where  Heart Attack / Disease / Failure  Poor Circulation  
 Carpal Tunnel Syndrome  Hepatitis A, B, or C or Herpes  Pregnancy \_\_\_\_\_ # of Weeks  
 Crohn's / Colitis  High Cholesterol  Recent Surgery  
 Depression or  Mental Illness  High or  Low Blood Pressure  Shingles  
 Diabetes  HIV / Aids  Skin Irritations / Rashes / Warts  
 Edema  Infection(s) \_\_\_\_\_ Where  Smoker  
 Epilepsy  Infectious Disease  Sports Injury  
 Fever  Metal Plates / Screws / Implants  Stroke / Aneurysm  
 Fibromyalgia  Varicose Veins / Phlebitis

Family History of: \_\_\_\_\_

Other (Please Explain): \_\_\_\_\_

**Are you currently experiencing tissue, joint, muscle discomfort? In what area? (check all that apply)**

Jaw  Neck  Shoulders  S/Blades  Arms  Hands  Back  
 Upper Back  Middle Back  Lower Back  Hips  Legs  Knees  Feet

Explain: \_\_\_\_\_

**What is the primary concern or physical complaint which has inspired your visit today?**

**Please rate your current sense of overall general health and wellbeing:**

Great                       Fair                       Average                       Below Average                       Poor

**Are you receiving any ongoing medical care for conditions not listed above?**

Y                       N

Explain: \_\_\_\_\_

**Expectant mothers: Are you experiencing any complications during this pregnancy?**

Y                       N

Explain: \_\_\_\_\_

**Have you been in a major automobile accident or have an injury we should know about?**

Y                       N

Date and Explain: \_\_\_\_\_

**Do you currently see any other healthcare practitioners? (check all that apply)**

Y                       N

Acupuncture       Chiropractor       Naturopath       Osteopath       Physiotherapy       Other

**Have you ever had a registered massage?**

Y                       N

Approximate Last Date: \_\_\_\_\_

**Please list any recent or significant surgeries and their approximate dates:**

1 \_\_\_\_\_ 2 \_\_\_\_\_

3 \_\_\_\_\_ 4 \_\_\_\_\_

**Please list medications and what they are treating: (prescribed, natural supplements, and other)**

1 \_\_\_\_\_ 2 \_\_\_\_\_

3 \_\_\_\_\_ 4 \_\_\_\_\_

**Have you taken an anti-inflammatory or painkiller today? (Tylenol, Aleve, Aspirin, Advil)**

Y                       N

**Please Share with Us How You Discovered Massage Experts (Circle All That Apply):**

Facebook                       Twitter                       Kijiji                       Google Search                       Bing Search  
 Mail Flyer / Postcard       Radio                       Local Gym                       Newspaper                       Physician  
 Chamber of Commerce       Walk-By                       SNAP Magazine                       Television                       Friend

Referred by: \_\_\_\_\_

**Please read and acknowledge by signing the below:**

- ✓ You are expected to be punctual as your treatment time(s) have been specifically reserved for you, and will not be extended.
- ✓ Please advise your Massage Therapist on whether the pressure is sufficient or too strong. A massage is always customized to you.
- ✓ As your health status changes, you will advise us, so that we may update my file. Failure on your part to disclose any health information could possibly result in my injury and/or illness, and you hereby release Massage Experts from any claims resulting as such.
- ✓ You understand that all appointment times include a pre-health assessment or health consultation, as well as appropriate change time.
- ✓ You authorize Massage Experts to contact the above doctor or health-related specialist if required for treatment purposes.
- ✓ It is by your free-will that you are receiving this massage therapy today and in future visits.
- ✓ To the best of your knowledge the above information is true and is the most up-to-date information you can give the attending massage therapist.
- ✓ You understand that this information given is confidential, unless required by law, and will only be released with your written consent.
- ✓ Your information will not be used for any other purpose than to assist your massage therapist in providing you with a personalized and safe massage which will take into consideration your individual health requirements.
- ✓ The information provided to you by your massage therapist is for general purpose only, and is not intended for any medical diagnosis.
- ✓ You understand that your therapist can terminate treatment at any point due to inappropriate behaviour.
- ✓ **You understand that 24-hours' notice is required to cancel or reschedule all appointments, or full charges will apply.**

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**MO/DA/YEAR**

**Dated:** \_\_\_\_\_

**OFFICE USE ONLY: Description of Health Changes, If Any:** \_\_\_\_\_

**Client Initials:** \_\_\_\_\_

MO/DA/YEAR

MO/DA/YEAR

MO/DA/YEAR

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